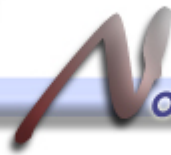


BREATHE AGAIN –

*“Life is not measured by the number of breaths we take,
but by the moments
that take our breath away”*



Note from the Founder

No More Excuses

Last month I was humbled to be introduced to my new super hero. I'm not talking about Superman, Spiderman or even Wonder Woman (*although I did want to be Wonder Woman growing up*).

This super hero is Tawana Williams, author of ***Unarmed But Dangerous***.

You see, Tawana was born without arms. The medical experts told her mother that her daughter would not live, let alone walk; they gave her a death sentence. Forty-four years later Tawana is a mother, grandmother and has turned every “Why?” into a “Why Not?”

During our interview she said, ***“I am the bomb, what’s your excuse?”*** And she’s absolutely right. What is our excuse? Money, people or fear?

After reading or listening to her story, you’ll be in an excellent position to evaluate your future complaints and excuses. Click here for the inspirational interview I had the privilege of conducting: [My Radio Show Interview with Tawana Williams](#).

Community

The Lord is blessing this magazine in so many ways. Last month we were honored to be the hosts of the *1st Annual GED Graduation Ceremony in Norfolk, Virginia*. Read more about the ceremony here: [Ceremony](#)

Thank You

I want to take this time to just say how much we appreciate you. Thank you for visiting this site and for sharing with others; we are growing at such an enormous rate. Sometimes I sit back and read emails from our readers and get all warm and fuzzy inside. We're driven by this mission:

"Our mission is accomplished when we offer hope and a moment of encouragement, even if it's just to "one woman." – Breathe Again Magazine

And we are doing just that. If it wasn't for you – our wonderful readers – we would not be where we are today.

One reader wrote:

Hey Nicole,

I FINALLY had a chance to check out the magazine online and I LOVED IT!!!!!! Way to go girlfriend!!! I am sooooo PROUD of you! I really loved the layout! I loved your personal note and I loved reading the stories! God Bless you on this special endeavor with this magazine, keep me posted with new updates and consider me a dedicated reader!

- M.H, Portsmouth VA

We want to hear from you. Send me an email at editor@breatheagainmagazine.com and share your thoughts and/or suggestions. This is YOUR magazine – we want YOU to be involved.

Stay Blessed